



MEMBERSHIP POLICIES & CLUB REGULATIONS

GymOne has designed its Membership Policies (herin "Policies") and the Club Rules (herin "Rules") to help insure a safe and enjoyable environment for all of its members. Please be thoughtful and observe the Policies and the Rules as all GymOne members have agreed to follow. GymOne may, in its sole discretion, modify Policies and Rules without notice at any time. It's your responsibility to know and follow the most current Policies and Rules. The following Policies replace all previous Policies. All approved signs and postings within GymOne shall be considered a part of the rules and regulations of GymOne.

Buyer's Rights: Members understand that memberships are nontransferable and nonrefundable. Prorated refunds or pre-paid monthly dues or memberships are available only in the case of the member's death, permanent disability or permanent relocation. Enrollment Fees and Processing Fees are non-refundable. A BUYER MAY CANCEL A MEMBERSHIP AGREEMENT BY MIDNIGHT OF GYMONE'S THIRD BUSINESS DAY AFTER THE DATE OF THE AGREEMENT, EXCLUDING SUNDAYS OR HOLIDAYS. SUCH A CANCELLATION MUST BE IN WRITING AND SENT CERTIFIED MAIL TO GYMONE. SUCH CANCELLATION MUST BE POSTMARKED BY THE AFOREMENTIONED TIME.

Membership ID Cards: GymOne issues a membership ID card to you for identification purposes. You may NOT let anyone else use it. The ID card is property of GymOne and you must return it immediately if your membership is terminated or cancelled. If you lose your ID card there is a \$2.00 charge.

Check In: You must check in at the front desk and present your ID card before you use the Facilities. If you do not have your card with you, you must give our full name to a Front Desk Team Member. You may be asked to show photo ID.

Use of Facilities: Any or all of the Facilities or services, including but not limited to, group fitness classes, equipment may have limited hours or may be discontinued altogether at any time and be offered on a first come, first serve basis. GymOne reserves the right to charge a separate participation or reservation fee for specially offered classes or services. If there is a sign-up for the use of the equipment and a maximum time limit on its use, GymOne expects all the members to follow the Rules. In short, observe gym etiquette. If there is a conflict over use, inform GymOne management and let them resolve it.

Specialty Classes: There are specific procedures, rules and you may be charged for your attendance to special classes. Please see the front desk or read the posted information for these activities and events. (Indoor Cycling & Aquatics)

Aquatic Use: Check in at front desk and sign in for series. **25 minute and 55 minute** sessions allow time between members. Shower is available. Please shower quickly to save water and allow many to use the facility. BRING YOUR OWN TOWEL or rent one at the front desk. Use of the pool is at your own risk. No lifeguard is on duty. No open wounds, rashes, band aides, body lotions or gum in pool. Shower shoes are required at all times in locker room, pool and shower facilities.

Weights & Other Equipment: Please wipe down all machines after you use them with a Club Wipe. Designated cleaning stations are located throughout the gym. To help minimize waste, you can take the Club Wipe with you and use it on several pieces of equipment.

No Solicitation: ANY SOLICITATION WITHIN THE CLUB IS STRICTLY FORBIDDEN.

General Policies for Minors: To join, minors fewer than 18 years must have financial guarantee of a parent or guardian. **Minors 14-17** must use the Facilities while accompanied by a parent or guardian and their parent or guardian must sign the waiver and the Membership Agreement. **Minors under 14** MAY NOT use the Facilities at any time and must be accompanied by a parent or guardian at all times within the Facilities.

Lockers & Cubbies: Day use only. If you leave property overnight, GymOne reserves the right to donate your property to charity. GymOne is NOT responsible for lost or stolen items.

PROHIBITED ITEMS & ACTIVITIES

No Alcohol, Drugs, or Smoking: Members cannot use the Facilities or engage in any activity at GymOne while under the influence of illegal drugs or alcohol. Also, GymOne does not permit smoking, alcohol or illegal drugs, including the use of steroids, in its Facility.

TV Use: For your safety do not use TV remote control while treadmill is in operation.

No Weapons: No weapons of any kind are permitted in GymOne Facilities.

Strong Odors: Please avoid the use of heavy perfume or cologne and be mindful of body odor that could negatively affect another patron's workout experience.

Dress/Towel Policy: GymOne requires appropriate clothing and footwear while in the Facilities. Below are general guidelines:

Footwear: Only appropriate athletic shoes may be worn. No street shoes, boots or sandals are allowed in workout areas. In the Group Fitness area only non-marking soled athletic shoes are allowed. Open-toed footwear is strictly prohibited. SPD clip-in shoes or firm soled athletic shoes are required for cycling class.

Clothing: All clothing must meet standards of appropriateness determined by management. Shorts, pants, sweatpants, T-shirts, tank tops, spandex and any other accessories must be clean and free of holes that may catch on equipment or reveal any inappropriate area of the body while using any of the fitness facilities at GymOne. Jeans or jean shorts are NOT allowed.

Towels: Please bring your own towel for personal hygiene use on the equipment and for shower and pool use. GymOne has towels available for rent at the desk during staffed hours.

Conduct: While in the Facility, GymOne does not permit and will not tolerate any inappropriate conduct. Such conduct includes, without limitation, using loud, abusive, offensive, insulting, demeaning language, profanity, lewd conduct or any conduct that harasses or is bothersome to members of GymOne or GymOne staff.

Keyless after hours use is available from 4:30 am to Midnight for members in good standing. Your keycard will be turned off for nonpayment. After hours is only for members 18 years and older. Please do not give your keycard to others to access the facility; if found, keycard privileges will be revoked. Opening the door for a nonmember to access facility will also lead to loss of keycard privileges.

Violation of Rules: Any member or guest that violates any of the Policies or Rules of GymOne will be asked to stop or leave. A violation may also cause GymOne to terminate the violator's membership according to the terms of their Membership agreement.

Signature of Member _____ Date _____